

Agarwood Essential Oil: Removed Toxins from your Body

Agarwood essential Oil is extremely rare & precious oil that originates in North Eastern India, Bhutan & parts of South East Asia. It is extracted by the process of Steam Distillation. The common names of Agarwood oil are Aloeswood, Eaglewood, Gaharu, Agollocha, Oud, Oudh and Kiara. Agarwood oil blends well with other oils such as Rose oil, Cinnamon oil and Jasmine oil. Here are certain reasons why using Agarwood Essential Oil would be most appropriate for you:

1. **Healing for the mind** – It promotes spirituality and harmonizing effects. Agarwood penetrates senses, provide calm, peace, awareness and relieves tension.
2. **Alleviates Pain and Arthritic condition** – It reduces pain, inflammation, swelling and stiffness around muscles and joints. It also helps removing toxins such as excess fats, salts, water, urea, uric acid. Add 2 drops Carrie oil, gently massage onto affected areas.
3. **Aids in Digestion** – With it's stomachic and carminative properties. Agarwood oil promotes smoother and unobstructed digestion, expel out excess gas, helps to prevent indigestion and painful bloating.
4. **Skin care** – Agarwood Essential Oil is an antiseptic and anti-inflammatory agent, it heals skin and reduces redness, irritation or even swelling. It also repairs damaged skin cells and fight off damage caused by free radicals.
5. **To get rid of bad breath** – With microbial and antibacterial properties, it helps to kill off bacteria within mouth cavity, thus preventing bad breathes, and help to maintain oral hygiene and you can breathe fresh.
6. **Offers Sun Protection**- Agarwood oil serves as a perfect inclusion to sunscreen lotions. Rubbing on some Agarwood-based cream or moisturiser before stepping out in the blazing heat aids in shielding skin from tanning and sunburns.

There are many simple ways to use [Agarwood essential oil by Essential Oil Wizardry](#). Find them below.

- If you are feeling tired and exhausted, you can use Agarwood essential oil in a joss stick to uplift your mood.
- Inhale the scent of Agarwood oil for a relaxing effect.
- You can 2-3 drops of the oil to a warm bath.
- Mix 3 drops of Agarwood oil with a bit of carrier oil like coconut oil and use it for a massage.

Hence, if you have any questions about our highly-rated services, feel free to [contact us](#).