

# How to Prevent Steam from Launching on Startup: A Step-by-Step Guide

Steam, the popular gaming platform, often sets itself to launch automatically when you start your computer. While this feature can be convenient for avid gamers, it might not be preferable for everyone. If you're looking to prevent Steam from opening on startup, whether to streamline your computer's boot time or simply to have more control over when it launches, here's a comprehensive guide on [how to stop steam from opening on startup](#) to help you achieve that.

## Method 1: Using Steam Settings

**Launch Steam:** Open the Steam client on your computer.

**Access Settings:** Click on "Steam" located at the top-left corner of the client. From the drop-down menu, select "Settings."

**Interface Preferences:** Within the Settings menu, navigate to the "Interface" tab.

**Uncheck "Run Steam when my computer starts":** Look for the option that reads "Run Steam when my computer starts" and uncheck the box next to it.

**Save Changes:** Don't forget to save the changes you made by clicking the "OK" button.

By following these steps, you can prevent Steam from automatically launching the next time you start your computer. However, if this method doesn't work for you or if you prefer an alternative approach, you can try the following method.

## Method 2: Using System Preferences (Windows)

For Windows users who want to manage startup applications:

**Access Task Manager:** Press "Ctrl + Shift + Esc" to open the Task Manager.

**Navigate to the Startup Tab:** Click on the "Startup" tab at the top of the Task Manager window.

**Locate Steam:** Look for Steam in the list of startup applications. Right-click on it.

**Disable Startup:** From the options presented, select “Disable” to prevent Steam from launching on startup.

This method allows you to manage various applications that start alongside your computer and tailor them according to your preferences.

### Method 3: Using System Preferences (Mac)

For Mac users, managing startup items involves a slightly different process:

**Go to System Preferences:** Click on the Apple logo at the top-left corner of your screen and select "System Preferences."

**Choose Users & Groups:** Within System Preferences, select "Users & Groups."

**Select Your User Account:** On the left-hand side, click on your user account.

**Choose Login Items:** Navigate to the “Login Items” tab.

**Remove Steam:** Find Steam in the list of login items and select it. Click on the “-” (minus) button to remove it from the startup items.

### Additional Tips:

**Manual Deactivation:** If none of these methods work or if you wish to temporarily prevent Steam from starting up, you can manually exit Steam each time you start your computer.

**Check Application Settings:** Some applications, including games installed through Steam, might have their own settings to launch on startup. Ensure to check their individual settings as well.

By following these steps, you can effectively stop Steam from opening automatically when you boot up your computer. This not only streamlines your startup process but also gives you more control over the applications running in the background.

Remember, modifying startup settings can vary based on your operating system version, so always ensure you’re following instructions relevant to your specific system.